

ROBERT H. SPIRO, Ph.D., ABPP
Fellow of the Academy of Clinical Psychology
Diplomate in Clinical Psychology
American Board of Professional Psychology

Clinical Psychologist, Private Practice
4800 N. Federal Highway, Suite E-102
Boca Raton, FL 33431
Cell: (413) 441-9261
Email: rspiro7@gmail.com

Education

- 1967-1973 **Ph.D. in Clinical Psychology**
Ferkauf Graduate School of Humanities and Social Sciences
Yeshiva University, New York NY
- 1966-1967 Graduate School of Arts and Sciences, New York University
- 1963-1966 B.A., Hofstra University, Hempstead, New York NY.

Professional Training

- 1976-1978 **Advanced Postdoctoral Fellow in Clinical Psychology**
Austen Riggs Center, Stockbridge, Massachusetts.
- 1974-1976 **Postdoctoral Fellow in Clinical Psychology**
Austen Riggs Center, Stockbridge, Massachusetts.
- 1971-1974 **Postdoctoral Fellow in Neurophysiology**
Interdisciplinary Program, Department of Psychiatry
Albert Einstein College of Medicine &
Montefiore Hospital and Medical Center, Bronx, New York.
- 1970-1971 **Clinical Internship**
Montefiore Hospital and Medical Center Bronx, New York.
- 1967-1970 **Public Health Service Fellowship**
National Institute of Health.

Work Experience

- 2017-present **Private Clinical Practice** (full-time)
Boca Raton, FL
- 1982-2017 **Private Clinical Practice** (full-time)
Stockbridge and Williamstown, MA; Manchester VT
- 1993-1997 **Clinical Director**
Berkshire Learning and Residential Treatment Center,
Pittsfield, MA
- 1988-1991 **Clinical Consultant and Supervisor**
Bennington College, Bennington VT
- 1983-1993 **Clinical Consultant**
Berkshire Learning Center, Pittsfield, MA
- 1983-1985 **Director of Assessment**
Psychological Services Center
University of Massachusetts, Amherst, MA
- 1981-1982 **Co-Director of Admissions**
Austen Riggs Center, Stockbridge MA
- 1978-1982 **Staff Psychologist**
Austen Riggs Center, Stockbridge, MA
- 1978-1982 **Lecturer in Clinical Psychology**
Department of Psychiatry
Yale University School of Medicine, New Haven, CT
- 1974-1975 **Consultant**
Continuing Service Education Program
Pediatrics Unit, Berkshire Medical Center, Pittsfield, MA
- 1972-1982 **Private Clinical Practice** (part-time)
Stockbridge, MA
- 1971-1974 **Diagnostic Consultant**
Teamsters Center, Montefiore Hospital & Medical Center
Bronx, NY
- 1971-1972 **Staff Psychologist**
Montefiore Hospital and Medical Center, Bronx, NY

- 1969 **Instructor in Introductory Psychology**
New York City Community College, Brooklyn, NY
- 1968-1969 **Research Assistant**
Bank Street College of Education, New York, NY
- 1966-1967 **Research Assistant**
Manhattan Veterans Administration Medical Center
- 1965-1966 **Research Assistant**
Northport Veterans Administration Medical Center, Northport, NY

Publications

- Spiro, R. H., & Devenis, L.E. (2000): Enhancement of the therapeutic process. In J. K. Aronson (Ed.), *Use of the telephone in psychotherapy* (pp. 45-79), Northvale, NJ: Jason Aronson.
- Spiro, R. H., & Devenis, L. E. (1991): Telephone therapy: Enhancement of the therapeutic process. *Psychotherapy in Private Practice* 9 (4), pp. 31-55.
- Spiro, R. H., & Devenis, L. E. (1989): The use of oneself: From transitional object to illusion in art. In M. G. Fromm & B. L. Smith (Eds.), *The facilitating environment: Clinical applications of Winnicott's theory* (pp. 238-254). Madison, CT: International Universities Press.
- Spiro, R. H., & Spiro, T. W. (1981): Transitional phenomena and developmental issues in borderline Rorschachs. In J. S. Kwawer, H. D. Lerner, P. M. Lerner, & A. Sugarman (Eds.), *Borderline phenomena and the Rorschach test* (pp. 189-202). New York: International Universities Press.
- Spiro, R.H. (1974): Language and thinking in the child: A cognitive developmental approach. *Dissertation Abstracts International* 35 (1).
- Spiro, R. H., Adrien, J., & Roffwarg, H. P. (1974): Effects of binocular visual deprivation on the development of LGN monophasic waves in REM sleep in functionally blind kittens. In M. Chase, W. Stern, & P. Walters (Eds.), *Sleep Research* Vol. 3 (p. 30). Los Angeles: Brain Information Service/Brain Research Institute. (Abstract).
- Spiro, R. H., & Kolbert, G. S. (1974): A new technique for functional visual deprivation. *Electroencephalography and Clinical Neurophysiology* 37, pp. 654-656.
- Roffwarg, H., Adrien, J., Herman, J., Lamstein, S., Pessah, M., Spiro, R. H., & Bowe-Anders, C. (1973): The place of middle ear muscle activity in the neurophysiology and psychophysiology of the REM state. In M. Chase, W. Stern, & P. Walters (Eds.), *Sleep Research* Vol. 2 (p. 36). Los Angeles: Brain Information Service/Brain Research Institute. (Abstract).
- Silverman, L. H., Pettit, T. F., Goldweber, A., & Spiro, R. H. (1971): Procedure for study of reality testing in schizophrenics. *Perceptual and Motor Skills* 33, pp. 859-862.
- Silverman, L. H., Spiro, R. H., Weisberg, J. S., & Candell, P. (1969): The effects of

- aggressive activation and the need to merge on pathological thinking in schizophrenia. *Journal of Nervous and Mental Disease* 148, pp. 39-51.
- Spiro, R. H., & Silverman, L. H. (1969): The effects of body awareness and aggressive activation on the cognitive functioning of schizophrenics. *Perceptual and Motor Skills* 28, pp. 575-585.
- Silverman, L. H., & Spiro, R. H. (1968): The effects of subliminal, supraliminal and vocalized aggression on the ego functioning of schizophrenics. *Journal of Nervous and Mental Disease* 146, pp. 50-61.
- Silverman, L. H., & Spiro, R. H. (1967). A further investigation of the effects of subliminal aggressive stimulation on the ego functioning of schizophrenics. *Journal of Consulting Psychology* 31, pp. 225-232.
- Silverman, L. H., & Spiro, R. H. (1967). Some comments on the partial cue controversy and other matters relevant to investigations of subliminal phenomena. *Perceptual and Motor Skills* 25, pp. 325-338.

Presentations

- Spiro, R. H., & Devenis, L. E. Telephone therapy: Enhancement of the therapeutic process. Annual meeting of the American Psychological Association, Boston, MA 1990.
- Spiro, R. H., & Devenis, L. E. The importance of paradox in Winnicott's theory of development. Symposium *The Facilitating Environment: Further Clinical Applications of Winnicott's Theories*, annual meeting of the American Psychological Association, Washington, D.C. 1982.
- Spiro, R. H., & Devenis, L. E. The use of oneself: From transitional object to illusion in art. Symposium *The Facilitating Environment: Clinical Applications of Winnicott's Theories* annual meeting of the American Psychological Association, Los Angeles, CA 1981.
- Spiro, R. H. Modifications of technique in the treatment of schizophrenia. Symposium *Working Therapeutically with the Severely Disturbed Patient*, Austen Riggs Center, Stockbridge, MA, March 1978.
- Spiro, R. H. The formation of a therapeutic alliance: An overview of intensive psychotherapy with a young, paranoid schizophrenic woman. William Alanson White Institute, New York, NY, May 1976.

Professional Affiliations

Academy of Clinical Psychology (Fellow)

Diploma No. 0621 January 1994

American Board of Professional Psychology

(Board Certification in Clinical Psychology)

Diploma No. 3505 8/16/83

American Psychological Association

Member No. 1459-1378 1975

Council for the National Register of Health Service Providers in Psychology

Certificate No. 18803 8/2/76

Certified/Licensed

Massachusetts: Psychologist and Health Service Provider

Certificate of Registration No. 1696 11/18/1975

New York: Psychologist

License No. 4541 3/29/1974

Florida: Psychologist

License No. PY9850 5/31/2018